



HEALTH ADVISORY: EBOLA

Ebola spreads through direct contact with the blood or body fluids (such as spit or pee) of a person who is sick with Ebola symptoms.

Watch for fever, headaches, and body aches for the next 3 weeks.

3 WEEKS						
Sun	Mon	Tue	Wed	Thu	Fri	Sat
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31	1	2	3	4



If you get sick, stay at home, then call the **State Health Department** or call **CDC: 1-800-232-4636.**

If you have a medical emergency, call **911.**



U.S. Department of Health and Human Services
Centers for Disease Control and Prevention